

**BHARATHIAR UNIVERSITY, COIMBATORE 641 046.**

**Department of Extension & Career Guidance**

**M.A. Career Guidance**

**(Revised paper for the students admitted from the academic year 2016-2017 and onwards)**

**Semester: I**

**Core - II - Perspectives of Education and Careers**

**Unit I: Knowledge, Education and Schooling**

Knowledge: Nature Conception, perception of knowledge. Education and Schooling: Meaning of Education and Schooling – Relationship between school and education. Educational theories of Western and Indian thinkers: Vivekananda, Rabindranath Tagore, M.K. Gandhi, Sri Aurobindo, Rousseau, Froebel, John Dewey, Paulo Freire.

**Unit II – Education as Interdisciplinary Knowledge**

Interdisciplinary nature of education: Relationships with disciplines/subjects such as philosophy, psychology, sociology, management, economics and anthropology – contribution of science and technology to education and challenges ahead. Dynamic relationship of education with the political process.

**Unit III – Perspectives on Career Development**

Theories of career development: Trait Factor Theory – Roe's theory of personality development and career choice – Holland's career theory of personality types and work environment – Super's life span/life span approach to career development

**Unit IV – understanding Career Information**

Dimension of career information: nature of work, working conditions, entry requirements, earning, growth opportunities. Dissemination of career information: Group techniques – objectives, advantages and limitations. Group activities: career talks, career conference/exhibition, displays field trips, film shows.

**Unit V – Career Adjustment and Maturity**

Economic development and career opportunities – Concept of career adjustment and career maturity – Factors affecting career maturity – Assessment of career maturity.

**Reference**

- Mohan, Swadesh (Ed.) (1998). Building personal and career consciousness in girls. New Delhi: Vikas Publishing House
- Mohan, S. (1998). Career development in India: Theory, research and development, New Delhi: Vikas publishing house
- Osipow, S.H. & Fitzgerald, L.F. (1996). Theories of Career Development (4<sup>th</sup> ed.), Boston: Ally and Bacon
- Saraswat, R.K. & Gaur, J.S. (1994). Manual for Guidance Counselors. New Delhi: NCERT
- Schmitt – Rodermund, E. & Silbereisen, R.K. (1998). Career maturity determinants: Individual development, social context perspective. The career development quarterly, 47, 16-31.
- Sharf, R.S. (2005). Applying career development theory to counseling. Wads worth publishing co.
- Swanson, J.L. & Fouad, N.A. (1999). Career theory and practiced; Learning through case studies. Sage Publications.